



COERVER® COACHING ACT
 Onside Management Pty Ltd
 A.C.N.106 241 098
 A.B.N. 30 106 241 098
 PO Box 218, Campbell ACT 2612
 Phone: 0421 907 788
www.coerveract.com
 E-mail: contact@coerveract.com

COERVER® COACHING ACT ACADEMY PROGRAM 2008-2009

If you are aged 6-17 years and serious about football (soccer), if you are committed to improving your ability as a 'total player' and meeting like-minded people, then come and join the COERVER® Academy. Let us help you become the player you always dreamed of being. **COERVER® Coaching is recognized as the number one soccer skills teaching method in the world and is recommended by both FIFA and UEFA.** Please visit our website to learn more.

The COERVER® Academy is a soccer school for serious, dedicated individuals seeking additional professional training in order to improve their technical ability and become more advanced players. Our mission is to provide a comprehensive soccer education for young players looking to acquire the skills necessary to elevate their game to the next level.

The COERVER® Coaching Academy helps players acquire the skills necessary for becoming confident, creative soccer players. The programs emphasis includes individual ball mastery; (1v1) techniques of the world's greatest players; competitive cauldrons; strength; speed; coordination and agility training; modern tactics and small group play.

COERVER® Coaching ACT will be conducting its 2008-2009 Academy trials on **Sunday, 24 August 2008** at the **Australian Institute of Sport (outdoor all weather synthetic field) Leverrier Street, Bruce.**

Trials are open to male and female participants aged from 6-17 years. If you would like to register for the COERVER® Academy trials, please complete the following application form and send to:

COERVER® Coaching ACT
PO BOX 218
Campbell ACT 2612
 or contact 0421 907 788



There is no cost in trialing.
 Players will be informed of selection by **Thursday, 28 August 2008.**

ACADEMY PROGRAM

The top 18-20 players selected in each age group will form their respective Academy squad. The squads are listed below.

U/7-8-9: Boys and Girls born 2002/2001/2000 (1 Squad)	U/13: Boys born 1996 (1 Squad)
U/10: Boys and Girls born 1999 (1 Squad)	U/14-15 Boys born 1995 1994 (1 Squad)
U/11: Boys and Girls born 1998 (1 Squad)	Senior Squad Boys born 1993-1991
U/12: Boys and Girls born 1997 (1 Squad)	U/13-14-15 Girls born 1996, 1995, 1994 (All female Squad)

Should you have any questions concerning the Academy trials, please do not hesitate to contact **Jason Lancsar**, Managing Director, COERVER® Coaching ACT via email at contact@coerveract.com or call on 0421907788.



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COERVER® COACHING ACT ACADEMY TRIALS 2008-2009

Targeting Players born (6-17 years) 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998,
 1999, 2000, 2001, 2002

To be held at the
 Australian Institute of Sport
 Leverrier Street, Bruce (outdoor all weather synthetic field)
 Sunday, 24 August 2008

U/7-8-9 (2002/2001/2000); U/10 (1999)	Registration time: 9.30am, trials 10.00am-11.30am
U/11 (1998); U/12 (1997); U/13 (1996)	Registration time: 12.00pm, trials 12.30pm-2.00pm
U/14-15(1995,1994) Senior Squad (1993 1991)	Registration time: 2.30pm, trials from 3.00pm-4.30pm
U/13-14-15 (1996/95/94) All female squad	Registration time: 2.30pm, trials from 3.00pm-4.30pm

Please note: players will be trialing for the age group they will play in
 the 2009 season (in line with their date of birth above).

Please bring a ball to the trials.

* Please keep this part of the form for your information *



To register for the trials, you must complete and return this slip. Please indicate the squad for which you are trialing (i.e. U/11). Please note that there is no cost involved in trialing.

Player's Name: _____
 (Please print neatly)

Address: _____

Post Code: _____ Date of Birth: _____ Age: _____

Email: _____ Club: _____

Phone: _____ Mobile: _____

SQUAD [AGE GROUP] TRIALING (please circle):							
U/7-8-9	U/10	U/11	U/12	U/13	U/14-15	Senior Squad	All female U13-14-15

Please complete this part of the form and send to:

COERVER® Coaching ACT
 PO BOX 218, Campbell ACT 2612

For further information please contact Mr. Jason Lancsar on email contact@coerveract.com or call on **mobile** 0421907788

COERVER® COACHING ACT ACADEMY 2008-2009

Players that are selected into the COERVER® Coaching Academy will receive:

- A total of 65 programmed training sessions of one and half hours per training session, consisting of 97.5 hours of programmed technical training by qualified professional COERVER® Instructors including lectures and DVD sessions.
- Academy training schedule / periodised annual training program
- Pre-participation Medical & Musculoskeletal screening by - Dr Trevor Law (Medicare card required)
- 2 x testing days including physiological and skill testing
- CPTP (COERVER® Personal Training Program)
- Adidas COERVER® training top
- 1 x Adidas COERVER® playing strip including shirt, shorts, 2 x socks
- Adidas back pack
- COERVER® Coaching Adidas training soccer ball
- COERVER Coaching Hat
- Preferential medical appointment and consultation fee at 15% concession
- Rebel Sport Drink Bottle
- Program Report and COERVER® Coaching Academy certificate and award
- REBEL Sport 5% discount members card
- Players must attend 80% of all training to pass the COERVER® Academy Program
- Opportunity to be selected to tour with COERVER® Coaching ACT International program.

COST FOR SELECTED ACADEMY PLAYERS

Full Cost: \$1685.00 (inclusive of GST). This equates to \$11 per hour of training.

Discounted Cost: \$1600.00 (inclusive of GST) with 5% discount OR more than one family member selected.

PAYMENT SCHEME

1. \$950.00 initial payment at the **Academy Induction session** on **Sunday, 31 August 2008** at **Sports House Hackett** (100 Maitland Street, Hackett).
2. \$735.00 paid by **Thursday, 6 November 2008** – by mail or at training.

The **5% discount** applies if there is more than one family member selected in the Academy program **or** if payment is made in full at induction day. Please note this does not equate to 10% if you meet both criteria.

COERVER® Coaching ACT will accept cheque, money order or cash.

TRAINING SCHEDULE FOR SELECTED PLAYERS

Once players have been selected in their respective squads they will be required to attend the induction session at **Sports House, 100 Maitland Street Hackett** on **Sunday, 31 August 2007**. At the induction session players will receive their training schedule/program/gear and equipment, medical screening bookings, payments will be made and players and parents will meet their respective squad instructors.

The COERVER® ACT Academy program is an intensive training program where players will be required to train up to 2-3 times per week at the University of Canberra and all squads will train on the same night at the same venue. Training dates and times will be available, and discussed at the induction session. The program commences in the first week of September 2008.